

**G5**

**Breastfeeding  
Challenges from  
Birth to the First  
Doctor Visit**

**ATTACHMENT B**  
**Educational Design I**  
Documentation Format

**Title of Activity:** Breastfeeding between Hospital Discharge and the First Doctor Visit

**Total Number of Contact Hours: 1.25**

<b>Objectives</b>	<b>Content (topics)</b>	<b>Time Frames</b>	<b>Presenter(s)</b>	<b>Teaching Strategies</b>
List the educational objectives. <i>At the end of this activity the learner will be able to:</i>	Provide outline of content presented and indicate to which objectives(s) the content is related.	Provide time frame for each content area.	List presenter for each content area.	List the teaching strategies by each presenter for each content area.
<p>At the end of the activity, the learner will be able to:</p> <p>I. Discuss 3 hospital discharge instructions and ways to make them more meaningful for the mother</p> <p>II, List 4 “red flags” a mother needs to know when gong home with her baby and possible solutions for each</p> <p>III. Compare and contrast 3 criteria to help mothers judge the “fit” of her baby’s prospective pediatrician</p> <p>IV. Describe 2 ways a baby’s pediatrician can provide breastfeeding support for the mother</p>	<p>I. Hospital d/c instructions: helpful or confusing?</p> <p>a. Anticipatory guidance</p> <p>b. Materials must consider reading level and language compenancy</p> <p>c. Finding supportive pediatrician or family doctor</p> <p>d. Is the baby feeding at breast?</p> <p>II. At home with a new baby (25 min)</p> <p>a. Engorgement</p> <p>b. Crying</p> <p>c. The juxtaposition “the dream baby” image with reality</p> <p>d. Emotional aspects which may affect the mother</p> <p>e. Worries of new parents</p>	25 min	Terry Dise, MD	Lecture, slides

<p>Please allow for 5-10 minute evaluation period during the session.</p>	<ul style="list-style-type: none"> <li>i. The “helpful” helper who suggests the baby isn’t getting enough to eat</li> <li>ii. They want “the rules”</li> <li>iii. Effective techniques to assure parents baby is OK—and when not OK</li> <li>III. Choosing a pediatrician (10 min)</li> <li>IV. How baby’s physician can assist (10 min) <ul style="list-style-type: none"> <li>a. Prenatal visit criteria</li> <li>b. Call to check up</li> <li>c. Referral to support group(s) or needed breastfeeding assistance (in office, in hospital or private practice)</li> </ul> </li> <li>V. Questions/evaluation (5 min)</li> </ul>			
	<ul style="list-style-type: none"> <li>VI.</li> </ul>			





Slide 7

**Materials**

- Reading level
- Language competency
- Length

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Slide 8

**Finding supportive contacts**

- Lactation Consultant
- Pediatrician
- Family doctor
- LLL
- Experienced nursing friend or family member

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Slide 9

**Is the baby feeding at the breast?**

- Must observe first. Interventions suggested only if problems
- Non-nutritive vs nutritive suckling: 2-3 sucks per swallow vs 1-2 sucks per swallow, audible swallowing

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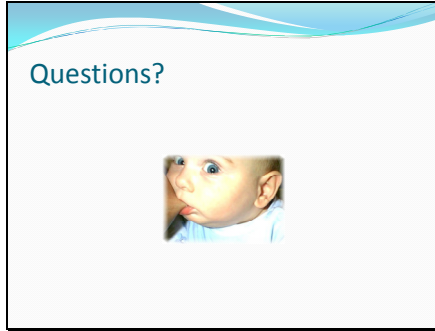








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**ATTACHMENT A (9/09)**

Biographical Data Form

**Biographical Data Form (2009 Criteria)**

*Instructions:* If you are a planner for this activity, complete Sections 1, 2, 4, 5 & 8. If you are a speaker/ content expert for this activity, complete Sections 1, 3, 4, 5, 6, 7 & 8. Return this form to the nurse planner by the date specified. If there is a perceived conflict, the nurse planner will discuss with you how the conflict will be resolved before your continued participation in this learning activity.

**Section 1: (Planner and/or Speaker) Demographic Data**

Name, Degrees & Credentials: **Theresa Lynn Dise, M.D.**

Date: January 20, 2010

If RN, nursing degree(s):

- AD
- Diploma
- BSN
- Masters
- Doctorate

Home Address **OR** Business Address:

5831 S. Robertson St.

New Orleans, LA 70115

Day Telephone: Cell: 504-214-1256

Email Address: [tdise@tulane.edu](mailto:tdise@tulane.edu)

Present Position (Title) & Employer:

Associate Professor of Pediatrics

Director, Foundations in Medicine Program

Tulane University Health Sciences Center

**Section 2: (Planner Information): Describe your familiarity/expertise with the following:**

I am knowledgeable about the nursing CNE process through: (Describe):

**Section 3: (Speaker Information): Faculty/Content Expert Information: Describe your expertise in this topic:**

I represent the target audience by: (Describe):

American Board of Pediatrics, 1988

(Re-certified 2002)

Certificate #039864

I have content expertise in this topic by: (Describe):

**MEDICAL SCHOOL:**

UTHSC Medical School at  
San Antonio  
San Antonio, Texas  
Medical Degree  
1981 - 1985

**INTERSHIP AND  
RESIDENCY:**

Intern, 1985-1986  
Tulane University School of Medicine  
New Orleans, Louisiana

Resident, 1986-1988  
Department of Pediatrics  
Tulane University School of Medicine  
New Orleans, Louisiana

**ACADEMIC POSITION:**

1<sup>st</sup> and 2<sup>nd</sup> year medical school course  
July 1, 2005

Director, Foundation in Medicine

Associate Professor of Pediatrics

Tulane University School of Medicine  
July 1, 2000 – Present

Assistant Professor of Pediatrics  
Tulane University School of Medicine  
July 1, 1989 – June 30, 2000

Instructor of Clinical Pediatrics  
Tulane University School of Medicine  
July 1, 1988 - July 1, 1989

**HOSPITAL AFFILIATIONS:**

Tulane Hospital for Children  
1989 - Present

Visiting  
Professor of Pediatrics  
Charity Hospital at New Orleans  
1988 - Present

**RESEARCH INTERESTS:**

Breastfeeding  
Co-Sleeping  
Local Anesthesia in Circumcision  
Ankyloglossia  
Medical Student Education

**TEACHING:**

Foundations in Medicine: Growth & Development  
Section Sophomore Medical Students

Director  
1995 - Present

Attending at University Hospital  
Pediatric Wards  
One month/yr

Preceptor  
3<sup>rd</sup> Year Medical Students  
Pediatric clerkship  
Two months/yr

Well Baby Nursery and Clinic  
Attending, 3<sup>rd</sup> yr medical students  
Six months/yr

Attending, Continuity Clinic  
Residents  
Two afternoons/wk  
Charity Hospital

3<sup>rd</sup> year clerkship lectures  
Otitis Media  
Sinusitis and Pharyngitis  
Slide lecture, visual diagnosis  
Eighteen lectures/yr

Resident Lectures  
Telephone Medicine  
Breastfeeding Management  
Visual Diagnosis

**INVITED LECTURESHIPS  
AND SYMPOSIA:**

Special Needs of "NICU" Infants  
WIC Breastfeeding Workshop  
LA State Health & Hospitals  
New Orleans, Louisiana  
April 9, 2003

Medications and Breastfeeding  
WIC Breastfeeding Workshop  
LA State Health & Hospitals  
New Orleans, Louisiana  
April 9, 2003

Care of the Newborn  
Nutrition/Hydration/Feeding  
Newborn Complications and

Special Situations  
June 6 & 20, 2001

Topics in Breastfeeding: Mastitis  
February 10, 2001

3rd Annual Care of the Newborn  
February 24-27, 2000

Barriers to Breastfeeding in the Hospital  
International Lactation Consultant Association  
New Orleans, Louisiana

Managing Slow Weight Gain  
August 9, 1997  
New Orleans, Louisiana

Healthcare System Barriers  
To Breastfeeding  
August 11, 1997  
New Orleans, Louisiana

Healthcare System Barriers to Breastfeeding  
Houma, Louisiana  
August 19, 1997

Update Your Pediatrics  
Tulane Medical Center  
Promoting Breastfeeding  
in the First Four Weeks of Life

## New Orleans, Louisiana

April 27, 1997

Breastfeeding Educator Course  
Tulane Medical Center  
April 15 - 17, 1997

Barriers to Breastfeeding  
La Lache League Tristate Conference  
Jackson, Mississippi  
September 20, 1996

Breastfeeding Educator Course at  
Tulane Medical Center  
September 13, 1996

Breastfeeding Seminar  
For State of Louisiana  
WIC Coordinators  
September 5, 1996

Update on Breastfeeding  
Women's Hospital of Baton Rouge  
Baton Rouge, Louisiana  
June 13, 1996

Breastfeeding Educator Course  
Tulane Medical Center  
April 30, 1996

Breastfeeding Educator Course  
Tulane Medical Center  
September 22, 1995

Breastfeeding  
Tuesday CME Luncheon  
Lakeland Medical Center  
February 21, 1995

Barriers to Breastfeeding  
LaLeche League Tristate Conference  
Biloxi, Mississippi  
October, 1994

**PROFESSIONAL  
SOCIETIES:**

American Academy of Breastfeeding  
Medicine

American Academy of Pediatrics

International Lactation Consultant  
Association

Greater New Orleans Pediatric  
Society

Other: (Describe):

**Planner, Faculty and Content Specialist Conflict of Interest Statement**

If you are in a position to control the content of this educational activity (planner, faculty, content specialist), you must disclose whether or not you have a conflict of interest. Conflict of interest disclosure identifies the presence or absence of *any* potentially biasing relationship of a financial, professional or personal nature. A perceived conflict of interest would occur, for example, if you have or a member of your family has, within the past 12 months, received a salary, royalty, speaking honorarium, research appointment, board of directors remuneration, or consulting fee from an organization whose product or service is being discussed in the learning activity or if you or a family member own stock in such a company. Conflict of interest would also occur if you have any potential to benefit personally or professionally from the presentation (work for a proprietary company presenting the learning activity, have written a book about the topic, provide consulting services related to the topic, etc.)

All information disclosed must be shared with the audience on the program handouts, advertising and/or audiovisual presentation.

**Section 4: (Planner and/or Speaker) Conflict of Interest**

Is there a perceived financial, professional or personal conflict of interest (self or family)?

- Yes  
 No

If yes, describe the perceived conflict:

**Section 5: (Planners and/or Speaker) Resolution of Conflict**

Procedures used to resolve conflict of interest or potential bias if applicable for this activity: (Check all that apply)

1. I have discussed this conflict with the nurse planner and agree to the provider unit's policy.  
 2. I have signed a statement that says I will present information fairly & without bias.  
 3. In conjunction with 1 & 2, I understand that the nurse planner or designee will monitor session to ensure conflict does not arise.  
 4. Not applicable since no conflict of interest.  
 5. Other: Describe:

**Section 6: (Speaker) Off-label Use**

Presenter/Content Specialist discussion of off-labeled uses:

- Yes  
 No

If yes, you must disclose this information during your presentation. How will you do this?

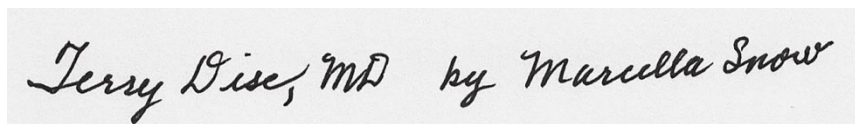
1. Verbal statement during the presentation  
 2. Information provided on handouts  
 3. Information provided in audiovisuals (slides, overhead, etc.)  
 4. Other: Describe:

**Section 7: (Speaker) In regard to the above requirements, please check one of the following:**

- x My presentation(s) will not refer to products, drugs or devices of a commercial company with which I have a significant relationship. I have not accepted a fee from a commercial company for this presentation.  
 I have a significant relationship with the following commercial company(s) whose product(s) I will refer to in my presentation. I will disclose my relationship with the commercial company to the participants during the introduction of my session. I will refer to other products equally in my presentation. I have not accepted any fees from a commercial company for this presentation.

List company(s):

**Section 8: (Planner and/or Speaker)**



Signature \_\_\_\_\_

Date: January 25, 2010

Electronic Signature acceptable

***An authentic signature must be provided. A faxed copy with the signature or a computerized generated signature is acceptable. A typed name is NOT acceptable.***

**01/09**

## CURRICULUM VITAE

**NAME:** Theresa Lynn Dise, M.D.

**SS#:** 464-31-2730

**DATE OF BIRTH:** May 17, 1959

**PLACE OF BIRTH:** San Antonio, TX

**EDUCATION:** Austin College  
Sherman, Texas  
B.A. - Psychology  
1977 - 1981

**MEDICAL SCHOOL:** UTHSC Medical School at  
San Antonio  
San Antonio, Texas  
Medical Degree  
1981 - 1985

**INTERSHIP AND RESIDENCY:** Intern, 1985-1986  
Tulane University School of Medicine  
New Orleans, Louisiana

Resident, 1986-1988  
Department of Pediatrics  
Tulane University School of Medicine  
New Orleans, Louisiana

**LICENSURE:** Louisiana: License #01313R,  
Registry #001005

**CERTIFICATION:** American Board of Pediatrics, 1988  
(Re-certified 2002)  
Certificate #039864

**ACADEMIC POSITION:** Director, Foundation in Medicine  
1<sup>st</sup> and 2<sup>nd</sup> year medical school course  
July 1, 2005

Associate Professor of Pediatrics  
Tulane University School of Medicine  
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Professor of Pediatrics  
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**RESEARCH INTERESTS:**

Breastfeeding  
Co-Sleeping  
Local Anesthesia in Circumcision  
Ankyloglossia  
Medical Student Education

**TEACHING:**

Foundations in Medicine: Growth & Development  
Section Sophomore Medical Students  
Director  
1995 - Present

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Pediatric Wards  
One month/yr

Preceptor  
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Otitis Media

Sinusitis and Pharyngitis  
Slide lecture, visual diagnosis  
Eighteen lectures/yr

Resident Lectures  
Telephone Medicine  
Breastfeeding Management  
Visual Diagnosis

**HONORS AND  
AWARDS:**

Class Sponsor for the 1997  
Graduating Medical Class at Tulane Medical  
School

Owl Club Teaching Award  
Outstanding Category  
1996

Owl Club Teaching Award Honor Roll Category  
1991,1992,1993,1994,1995, 1997,1998, 2002

Owl Club  
Pediatrics – Best Attending 2003, 2004, 2005

Fellowship Research Grant  
American Heart Association  
1988 - 1989

**INVITED LECTURESHIPS  
AND SYMPOSIA:**

Special Needs of “NICU” Infants  
WIC Breastfeeding Workshop  
LA State Health & Hospitals  
New Orleans, Louisiana  
April 9, 2003

Medications and Breastfeeding  
WIC Breastfeeding Workshop  
LA State Health & Hospitals  
New Orleans, Louisiana  
April 9, 2003

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Special Situations  
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Baton Rouge, Louisiana  
June 13, 1996

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Tuesday CME Luncheon  
Lakeland Medical Center  
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LaLeche League Tristate Conference  
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October, 1994

**PROFESSIONAL  
SOCIETIES:**

American Academy of Breastfeeding  
Medicine

American Academy of Pediatrics

International Lactation Consultant  
Association

Greater New Orleans Pediatric  
Society

**INTRAMURAL  
COMMITTEES:**

Student Affairs Committee  
2005

Curriculum Advisory Committee T2 years  
2005

Curriculum Committee

2005

Curriculum Advisory Committee T1 years  
2004

Faculty Advisory Committee  
Tulane Medical School  
2000 – Present

Secretary of the General Medical Faculty  
Tulane Medical School  
2001- 2002

General Pediatric Research Committee  
Chairman  
1999- Present

Meditech Advisory Committee  
Tulane Medical School  
1996 - 1998

Tulane Objective Structured Clinical  
Exam (TOSCE) Committee  
Tulane Medical School  
1996 – 1999

Standardized Clinical Objective  
Performance Exam (SCOPE) Committee  
Tulane Medical School  
1995 - 2001

Morbidity & Mortality Committee  
Department of Pediatrics  
July, 1996 - 2001  
PHO Board Contracting Committee  
Tulane Regional Health Network  
Tulane Medical School  
December, 1995 - 1998

Undergraduate Pediatric Education Committee  
Tulane Medical School  
November, 1995 - Present

Nutrition Care Subcommittee  
Tulane Medical Center Hospital  
Tulane Medical School  
October, 1993 - December, 1996

Sickle Cell Comprehensive Care Committee  
April, 1993 - 1996

Director, Pediatric interest Club  
Tulane University School of Medicine  
1991 - 1994

## **BIBLIOGRAPHY:**

### **Manuscripts-Peer Reviewed:**

Weimer S., Dise T., Evers P., Ortiz M., Welldaregay W., Steinmann W. Prevalence, Predictors, and Attitudes Toward Co-Sleeping in an Urban Setting. *Clin Pediatr*. 2002;41:433-438

Dise T, Stolfi A, Yamasaki S, Pickoff AS. Electropharmacodynamics of N-acetylprocainamide in the immature mammalian heart - evidence for a prominent class III effect in the newborn. *J Cardiovasc Pharmacol* 17: 96101, 1991

Dise T., Brunnell P. Anti-Bovine Antibody in Human Sera as a Cause of specificity in enzyme Immunoassay. *J of Clinical Microbiology*. 25:987-990, 1987

### **Books, Chapters and Reviews:**

Dise T. Flexible Pes Planovalgus and Calcaneovalgus Foot. In: *Essence of Office Pediatrics*, J. Stockman, Ed. 2001.

Dise T. *The Pocket Guide to Clinical Skills: Pediatric Section*. 79-98, 1999

Dise T. Flatfeet and Tibial Torsion. *Saunders Manual of Pediatric Practice*, J. Finberg, Ed: 988 - 989, 1998.

### **Poster Session:**

Prevalence, Predictors, and Attitudes Toward Co-Sleeping in an Urban Setting at The Annual Tulane Health Sciences Center Research Days, April 25-26, 2001.

### **Abstracts:**

Dise T, Stolfi A, Clarkson CW, Pickoff AS: N-Acetylprocainamide amplifies conduction delay caused by lidocaine in the intact neonatal heart. *Pediatr Res* 27: 233A, 1990.

Dise T, Stolfi A, Pickoff AS: The effects of N-acetylprocainamide (NAPA) on the electrophysiology of the neonatal heart and its response to parasympathetic stimulation. *Pediatr Res* 25: 239A, 1989.

Pickoff AS, Dise TL, Stolfi A: N-acetylprocainamide (NAPA) modifies the electrophysiologic (EP) response of the neonatal atrium to vagal stimulation. *Am J Cardiol* 64: 418, 1989.

Dise T, Stolfi A, Clarkson C, Pickoff AS: Rate-dependent effects of lidocaine on conduction in the intact neonatal heart. *Circulation* 80: II-387, 1989.

Dise, T, Stolfi A, Clarkson CW, Pickoff AS: Rate-dependent effects of lidocaine on the His-Purkinje Conduction in the Intact Neonatal Heart-Characterization and Amplification by N-Acetylprocainamide *J Pharmacol Exp Ther* 259:535-542, 1991.

Weimer, Stephen M., Dise, Theresa L., Evers, Patrice B., Steinmann, William C. Prevalence, Predictors, and Attitudes Toward Co-Sleeping in an Urban Pediatric Center. Presented at Southern Regional Meeting, March 2001, New Orleans, LA.

**Continuing Medical Education:**

2004 – Pediatrics in Review	36 hours
2003 – Pediatrics in Review	36 hours
2002 – Pediatrics in Review	36 hours
2001 – Tulane – LSU Pediatric Grand Rounds	10.0 hours
2001 – Saturday Afternoon Pediatric Series	2.0 hours
2001 – Facilitators’ Skills Development Course	10.0 hours
2000 – Combined Tulane-LSU Pediatric Grand Rounds	12.0 hours
2000 – Pediatrics in Review	26.75 hours, AMA PRA category 1 hours
1999 – Pediatrics in Review, 1998	36 hours AMA Category 1 hours
1997/9 – Tulane - LSU Pediatric Grand Rounds	12.0 hours
1996 – SMA-HMO, Inc. Primary Care physicians Educational program meeting	CME - 7
1996 – Pediatrics Grand Rounds	CME - 27
1995 – Managed Care Workshop	CME - 4
1995 – Pediatric Grand Rounds	23 credits
1995 – Otolaryngology Update for Pediatricians	CME Credits 9
1994 – New Advances in Pediatric Cardiology	CME Credits 4
1994 – Pediatric Grand Rounds	CME Credits - 13
1992 – AAP Annual Meeting	CME Credits - 31
1992 – Update Your Pediatrics	CME Credits - 16
1990 – Prep Self Assessment (AAP)	CME Credits - 16
1989 – Lactation: Principles and Practice II	CME Credits 1.2